



RAINBOW EDUCATIONAL TOURS

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Proposed Itinerary for *China and Yangtze River Cruise* 13 Days/11 Nights

DAY 01: Your journey begins with a morning flight to Vancouver to connect with your Air Canada Flight to Shanghai. Set your watch a day ahead as you cross the International Dateline. Subject to change, but at present Air Canada leaves Vancouver for Shanghai at 11am arriving at 2:15pm: a total of 12 hours and 15 minutes.

DAY 02: Welcome to **Shanghai**, the legendary seaport and gateway to China. You will be met by your friendly guide and transferred to the **Hotel**. (D)

DAY 03: This morning you will go up to the **88th floor of Grand Hyatt Sky Deck** to have a bird's eye view of the City. Shanghai's Grand Hyatt is the 3rd tallest building in the World. Then off to the **Bund**, the famous promenade along the Huangpu River. Contrast the Old Colonial Shanghai on one side of the river with the skyscrapers of the modern Pūdōng District on the other. Lunch in a local restaurant

This afternoon visit a **Silk factory** to see how silk is produced. Then visit the 400 year old beautiful and peaceful **Yu Yuan Garden**, architecture gem of the Ming Dynasty (1368-1644). This evening enjoy a unique **Acrobatic Show**. Dinner at a local restaurant. (B/L/D)

DAY 04: This morning you will visit Shanghai's **Urban Planning Museum**; here see a large scale model of the city and the ambitious architectural and engineering plans of one of the world's most modern cities. Enjoy a walk along the **Pedestrian Nanjing Road**. After lunch transfer to the airport for your 2 hour flight to **Wuhan**. Have coach ride (c. 3.5hrs) to Yichang. Dinner at a local restaurant and then transfer to the dock, embark on the **Orient Royal Cruise's 5-star (Chinese Rating) East King/Queen Cruiser** and begin your Yangtze River Cruise. (Private, double cabins with full facilities) (B/L/D)

DAY 05: This morning the ship will pass through the locks of the **Three Gorges Dam**. Shore excursion to the dam site. Later, enjoy spectacular sights while cruising through the **Xiling Gorge**. A **Captain's Dinner and Folkloric Performance** is scheduled for the evening. (B/L/D)

DAY 06: Pass the beautiful **Wu Gorge** in the morning. Board a smaller vessel to visit the **Shennong Stream**, a natural habitat of mandarin ducks and golden-hair monkeys. Later, admire the breath taking sights of the narrow cliff walls and dramatic vistas in the spectacular **Qutang Gorge**. (B/L/D)

DAY 07: Shore excursion to **Fengdu, "The Ghost City"**, depending on water level and weather conditions, you may visit **Wanzhou**, a foreign treaty port in 1902. Continue sailing on the Yangtze to Chongqing. **(B/L/D)**

DAY 08: Arrive at **Chongqing** in the morning. This 3,000-year-old former capital of China will become the largest inland harbor when the Three Gorges Dam is completed in 2009. Visit the lovely giant Pandas at the **City Zoo** in **Erling Park**. In the afternoon fly to **Xian**. Upon your arrival transfer to the **Hotel** Tonight take a stroll in the **Night Muslim Market**. **(B/L/D)**

DAY 09: Today's schedule begins with an excursion on Xian's **Old City Wall** where you will have a one to one and half hours exciting **bike tour** on top of the wall followed by lunch at a local restaurant. This afternoon visit the Big Goose Pagoda and Muslim Market. During the evening, enjoy a **Tang Dynasty and Cultural Show** featuring music, dance, and traditional costumes complete with a **Dumpling Dinner**. **(B/L/D)**

DAY 10: Today's highlights include an exploration of China's cradle of civilization. Stand in awe at the most significant archeological excavations of the 20th century, the **Terra Cotta Warriors and Horses, also a World known UNESCO heritage site**. After the visit to the **museum and archeological site** you will have lunch in a local restaurant and then visit the Terra Cotta Manufacture plant to see the interesting process of terracotta warrior making in modern times. Return to downtown and spend some free time in the downtown shopping area. Dine in a local restaurant before you board your overnight train to Beijing. (You will be in 4 couchettes to a room) **(B/L/D)**.

DAY 11: This morning upon arrival in **Beijing** you will be transferred to the **Hotel**. You will have breakfast and start your day tour, first with a visit to the heart of Beijing, **Tiananmen Square**, which is the world's largest public square. Tiananmen Gate, also known as the "**Gate of Heavenly Peace**", is the entrance to the **Forbidden City**, 250 acres of palaces, pavilions, courtyards and gardens. Walk the hallways where 24 emperors of the Ming and Qing dynasties resided. There will be lunch at a restaurant and continue with a visit to the **Summer Palace**, the best-preserved and largest imperial garden in China. The palace is comprised of a complex of beautiful pavilions, halls and temples. Visit an interesting Pearl Workshop. Return to the hotel to check in, dinner in a local restaurant. Enjoy Chinese Kongfu Show after dinner **(B/L/D)**

DAY 12: This full day journey starts with a one and a half to two hours drive to **Mutianyu** site of the **Great Wall** where you take the chair lift up the Wall, visit, and toboggan down. Lunch in a local restaurant. **Enjoy a** lecture on Traditional Chinese painting and the art of Calligraphy at the Golden Palace (a cloisonné workshop) .When you return to the city **You now have time to do some last minute shopping at the** Hongqiao Market. **Farewell Peking Roast Duck Dinner in a local restaurant** **(B/L/D)**

DAY 13: This morning after breakfast you will take a **Hutong tour** by small Pedi-cabs and visit the ancient residential area of Beijing to witness the daily life of the local people. After lunch then say goodbye to China as you transferred to the airport to board your Air Canada flight back to home taking with you this wonderful cultural experience and memories of a life time. **(B/L)**

INCLUDED IN THE COST OF THIS TOUR (BASED ON DOUBLE OCCUPANCY):

- Domestic flight from Shanghai to Wuhan
- Domestic flight from Chongqing to Xi'an
- Buffet Breakfast, lunches (**3 western style buffet**) and dinners daily while on the tour (as specified per itinerary)
- 1 domestic overnight train ride with couchettes from Xi'an to Beijing
- 6 nights accommodations as specified per itinerary twin rooms in 4**** Star Hotels
- Full-time Bi-lingual escort (National Guide)
- Guided sightseeing and admissions as per itinerary
- Excursions as specified per itinerary:
 - Mutianyu site (Great Wall) excursion
- Cultural shows as specified per itinerary:
 - Acrobatic Show
 - Tang Dynasty and Cultural Show
 - Dumpling Dinner
 - Chinese Kongfu Show
 - Peking Duck Dinner
- Ground transportation in a first class coach as specified per itinerary
- Transfers with baggage handling as specified per itinerary
- Airport departure taxes, airport security taxes and airfare tax approx
- Tipping

TOUR COST DOES NOT INCLUDE:

- Expenses of a personal nature
- Extra beverages with meals
- Any additional taxes imposed by any authority before departure
- Optional tours, excursions and activities
- Single supplements for any single hotel room accommodation required
- **Any New Fuel surcharges imposed by airlines or any new taxes by airlines**
- Price quoted is based on exchange rates Any drastic shift in the exchange rate will be reflected in the price

IMPORTANT! Documents Required:

Your passport must be valid at least six months when you exit China. Please refer to booking form for China Visa handling procedures.

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